



NEWSLETTER

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Kilmihil Athletic Club had a very busy 2022! We enjoyed some fun times at training and competition outings and we are so proud of all our athletes achievements.

April was a very busy month, we attended Matt O'Connor Memorial Sports day hosted by Marian AC, Ennis Track Open Sports Day and County Track & Field Competitions at Lee's Road. In May, the Kilmihil Community Games Competition was held at the newly opened People's Park Astro Turf facility. On a lovely warm evening in June, we had great fun at our summer party in Clonreddan. We enjoyed some fun games and Mr Whippy arrived with ice cream cones for everyone!



In July, some of our athletes competed in the Community Games in Lees Rd. As part of the Festival of Fun in August, Dan O'Halloran 13th Annual Memorial 5k road race took place, there was a great turnout from locals and visitors. In September, we attended West Clare Sports & Fitness Open day and St Cronan's Open day.

In October we participated in Clare Cross Country Championships in Clarecastle and in November, some athletes competed in the Munster Juvenile Cross Country at

Limerick Racecourse. On a wet Sunday morning in October, our athletes braved the elements and attended Fergus AC Cross Country Event, they had great fun!

To celebrate a very successful year we held our end of year party on the

Eliminator at Lahinch Leisure Centre, definitely the highlight of the year and well deserved! **Thank you to all our coaches and volunteers throughout the year.**









The Clare Champion

The sun shone down on the athletes competing in the Clare Community Games Athletics Finals at Lees Road, Ennis, last w...



Our Membership is now open for 2023, new members welcome to join (5 years & upwards).

Training takes place Thursday evenings 6pm-7pm in West Clare Sports & Fitness, Clonreddan.

€15 for Juveniles and €20 for Adults . Membership via <https://membership.athleticsireland.ie> or

Please contact our club registrar Martina O'Gorman on 087 754 3680.